Primary School Menu

Winter 26/27

PELE TRUST

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	50/50 Wholemeal Chicken & Broccoli Pizza Served with Chickpea Salad & Vegetable Sticks	Mild Chicken & Vegetable Curry Naan, Broccoli & Wholegrain Rice	Roast Chicken & Yorkshire Pudding, Roast Potatoes, Vegetables, Stuffing & Gravy	Beef & Red Lentil Chilli Wholegrain Rice, Garlic Bread & Sweetcorn	Oven Roasted Fish Fingers & Chips with Garden Peas or Baked Beans
PASTA OPTION	Tomato & Basil Wholewheat Pasta with Garlic Bread & Vegetable Sticks	Roasted Cauliflower Macaroni Cheese Served with Broccoli or Salad & Garlic Bread	Mediterranean Wholewheat Pasta Served with Vegetables or Salad & Garlic Bread	Vegetable & Lentil Sauce with Wholewheat Pasta Served with Vegetables or Salad & Garlic Bread	Creamy Smoked Salmon Pasta with Peas & Spinach Salad & Garlic Bread
VEGETARIAN OPTION	50/50 Wholemeal Cheese & Tomato Pizza Served with Chickpea Salad & Vegetable Sticks	Chickpea & Vegetable Curry Naan, Broccoli & Wholegrain Rice	Lentil & Vegetable Roast Yorkshire Pudding, Roast Potatoes, Vegetables, Stuffing & Gravy	Vegan Lentil Chilli Wholegrain Rice, Garlic Bread & Sweetcorn	Vegetarian Chow Mein
ALTERNATIVE OPTION	Jacket Potato with a Choice of Filling Served with a Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with a Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with a Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with a Chickpea Salad & Side Salad.	Wholemeal Sandwich with a Choice of Filling Served with Side Salad & Chips
DESSERT	Oaty Apple & Berry Crumble with Custard	Selection of Fresh Fruit	Apple & Cinnamon Flapjack	Berry Blast Overnight Oats	Beany Brownie
DESSERT ALTERNATIVE	Each day we provide a wide range of alternative dessert options including,:- Yoghurt, fresh fruit options and hummus with crudities.				

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PELE TRUST

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	50/50 Wholemeal Chicken & Broccoli Pizza Served with Chickpea Salad & Vegetable Sticks	Beef & Lentil Ragu Lasagne Served with Broccoli & Garlic Bread	Traditional Geordie Bangers Mash Potato, Peas, Sweetcorn & Gravy	Chicken & Vegetable Pie with Roasted Baby Potatoes, Selection of Vegetables & Gravy	Oven Baked Chicken Nuggets Served with Chips and Beans or Peas.
PASTA OPTION	Tomato & Basil Wholewheat Pasta with Garlic Bread & Vegetable Sticks	Roasted Cauliflower Macaroni Cheese Served with Broccoli or Salad & Garlic Bread	Mediterranean Wholewheat Pasta Served with Vegetables or Salad & Garlic Bread	Vegetable & Lentil Sauce with Wholewheat Pasta Served with Vegetables or Salad & Garlic Bread	Creamy Smoked Salmon Pasta with Peas & Spinach Salad & Garlic Bread
VEGETARIAN OPTION	50/50 Wholemeal Cheese & Tomato Pizza Served with Chickpea Salad & Vegetable Sticks	Lentil & Vegetable Bake Served with Broccoli	Vegan Bangers Mash Potato, Peas, Sweetcorn & Gravy	Slightly Spicy Cheese & Bean Pasty with Roasted Baby Potatoes & a Selection of Vegetables	Quorn Nuggets Served with Chips and Beans or Peas
ALTERNATIVE OPTION	Jacket Potato with a Choice of Filling Served with Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with Chickpea Salad & Side Salad.	Wholemeal Sandwich with a Choice of Filling Served with Side Salad & Chips
DESSERT	Oaty Pear & Berry Crumble with Custard	Selection of Fresh Fruit	Carrot Cake Slice	Jelly & Peaches	Pear & Berry Oaty Yoghurt Pots
DESSERT ALTERNATIVE	Each day we provide a wide range of alternative dessert options including,:- Yoghurt, fresh fruit options and hummus with crudities.				

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Winter 26/27

PELE TRUST

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	50/50 Wholemeal Tuna & Sweetcorn Pizza Served with Chickpea Salad & Vegetable Sticks	Minced Beef & Lentils with Dumplings Served with Mash Potato & Carrots	Roast Pork Loin & Yorkshire Pudding, Roast Potatoes, Carrots & Broccoli with Gravy.	Chicken & Lentil Fajita Bowl Rice, Salad, Pitta Chips & Sweetcoorn	Breaded Fish Portion Served with Chips and Beans or Peas.
PASTA OPTION	Tomato & Basil Wholewheat Pasta with Garlic Bread & Vegetable Sticks	Roasted Cauliflower Macaroni Cheese Served with Broccoli or Salad & Garlic Bread	Mediterranean Wholewheat Pasta Served with Vegetables or Salad & Garlic Bread	Vegetable & Lentil Sauce with Wholewheat Pasta Served with Vegetables or Salad & Garlic Bread	Creamy Smoked Salmon Pasta with Peas & Spinach Salad & Garlic Bread
VEGETARIAN OPTION	50/50 Wholemeal Cheese & Tomato Pizza Served with Chickpea Salad & Vegetable Sticks	Vegan Veggie & Lentils with Dumplings Served with Mash Potato & Carrots	Lentil Roast & Yorkshire Pudding, Roast Potatoes, Carrots & Broccoli with Gravy.	Five Bean & Lentil Fajita Bowl Rice, Salad, Pitta Chips & Sweetcoorn	Sweet Potato Falafel Wrap with Chips & Salad
ALTERNATIVE OPTION	Jacket Potato with a Choice of Filling Served with Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with Chickpea Salad & Side Salad.	Jacket Potato with a Choice of Filling Served with Chickpea Salad & Side Salad.	Wholemeal Sandwich with a Choice of Filling Served with Side Salad & Chips
DESSERT	Eves Pudding & Custard	Selection of Fresh Fruit	Anzac Biscuits	Banana & Bran Muffins	Chocolate & Beetroot Cake
DESSERT ALTERNATIVE	Each day we provide a wide range of alternative dessert options including,:- Yoghurt, fresh fruit options and hummus with crudities.				