



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Choice of Pizza Slice, Served with Penne Napoli & Broccoli	Chinese Style Chicken Curry with Rice & Broccoli	St James Pork Geordie Bangers Served with Mash, Garden Peas & Gravy	Home Made Deep Dish Cottage Pie Served with Green Beans and Roasted Root Vegetables	Tempura Battered Chicken Fillet Bites, served with Chips and Beans or Peas.
PASTA OPTION		Macaroni Cheese Served with Garlic Bread & Salad or Vegetables	Rialtos Pasta Napoli Served with Garlic Bread & Salad or Vegetables	Cheesy Broccoli Wholemeal Pasta Bake Served with Garlic Bread & Salad or Vegetables	Tomato & Nut Free Pesto Pasta Served with Garlic Bread & Salad or Vegetables
VEGETARIAN OPTION	Vegan Sausage Roll Served with Homemade Potato Wedges & Broccoli or Beans	Vegetarian Chinese Style Curry with Rice & Broccoli	Vegan Sausages Served with Mash, Garden Peas & Gravy	Homemade Tomato & Lentil Soup Served with a Cheese Sandwich	Homemade Cheese & Potato Pie Served with Chips & Beans or Peas
JACKET POTATO OR SANDWICH OPTION	Jacket Potato with a Choice of Filling Served with a Side Salad.	Jacket Potato with a Choice of Filling Served with a Side Salad.	Crusty Baguette with a Choice of Filling Served with Side Salad & Nachos	Flour Tortilla Wrap with a Choice of Filling Served with Side Salad & Nachos	Wholemeal Sandwich with a Choice of Filling Served with Side Salad & Chips
DESSERT	Lemon Drizzle Sponge Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Cornflake Flapjack Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Fruit Salad Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Chocolate Sponge Cake Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	School Ice Lolly Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Choice of Pizza Slice, Served with Penne Napoli & Broccoli	Southern Fried Chicken Goujons Served with Tater Tots & Sweetcorn or Beans	Carved Gammon & Pineapple With Parsley New Potatoes & Vegetables	Pork Bolognaise Lasagna Served with Garlic Bread & Salad or Green Beans	Fish Fingers Served with Chips & Peas or Beans
PIZZA / PASTA OPTION		Macaroni Cheese Served with Garlic Bread & Salad or Vegetables	Rialtos Pasta Napoli Served with Garlic Bread & Salad or Vegetables	Veggie Lasagne Served with Garlic Bread & Salad or Green Beans	Tomato & Nut Free Pesto Pasta Served with Garlic Bread & Salad or Vegetables
VEGETARIAN OPTION	Quorn Nuggets Served with Homemade Potato Wedges & Broccoli or Beans	Southern Fried Quorn Burger Served with Tater Tots & Sweetcorn	Three Cheese & Tomato Quiche With Parsley New Potatoes & Vegetables	Jacket Potato with a Choice of Filling Served with a Side Salad.	Cheddar, Mash & Pizza Sauce Puff Pastry Swirl. Served with Chips & Peas
JACKET POTATO OR SANDWICH OPTION	Jacket Potato with a Choice of Filling Served with a Side Salad.	Jacket Potato with a Choice of Filling Served with a Side Salad.	Crusty Baguette with a Choice of Filling Served with Side Salad & Nachos	Flour Tortilla Wrap with a Choice of Filling Served with Side Salad & Nachos	Wholemeal Sandwich with a Choice of Filling Served with Side Salad & Chips
DESSERT	Shortbread Biscuit Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Peach Sponge & Custard Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Fruit Salad Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	School Cake Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt	Vanilla Ice-cream Pot Cheese & Biscuits Fresh Fruit Choice Choice of Yoghurt



WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Choice of Pizza Slice,
Served with Penne Napoli
& Broccoli

Mild Chicken Curry
Served with Rice, Green
Beans & Naan Bread

Roast Chicken, Stuffing &
Yorkshire Pudding
Served with Fresh
Potatoes & Vegetables

BBQ Pulled Chicken
Served with Savoury
Rice, Sweetcorn & Pitta
Bread Triangles

Fish & Chips
Battered Cod Served with
Chips & Peas or Breans.

PIZZA / PASTA OPTION

Macaroni Cheese
Served with Garlic Bread
& Salad or Vegetables

Rialtos Pasta Napoli
Served with Garlic Bread
& Salad or Vegetables

Cheesy Broccoli
Wholemeal Pasta Bake
Served with Garlic Bread
& Salad or Vegetables

Tomato & Nut Free
Pesto Pasta
Served with Garlic Bread
& Salad or Vegetables

VEGETARIAN OPTION

Sweet Potato Falafel
Served with Vegetable
Couscous & Broccoli

Mild Chickpea &
Vegetable Curry Served
with Rice, Green Beans &
Naan Bread

Lemon & Herb Quorn
Fillet, Stuffing &
Yorkshire Pudding
Potatoes & Vegetables

BBQ Pulled Jackfruit
Served with Savoury
Rice, Sweetcorn & Pitta
Bread Triangles

Pizza Panini
(Filled with Mozzarella,
Cheddar & Pizza Sauce)
Served with Chips & Salad

JACKET POTATO OR SANDWICH OPTION

Jacket Potato with a
Choice of Filling Served
with a Side Salad.

Jacket Potato with a
Choice of Filling Served
with a Side Salad.

Crusty Baguette with a
Choice of Filling Served
with Side Salad & Nachos

Flour Tortilla Wrap with a
Choice of Filling Served
with Side Salad & Nachos

Wholemeal Sandwich
with a Choice of Filling
Served with
Side Salad & Chips

DESSERT

Banana Muffin
Cheese & Biscuits
Fresh Fruit Choice
Choice of Yoghurt

Chocolate Chip Biscuit
Cheese & Biscuits
Fresh Fruit Choice
Choice of Yoghurt

Fruit Salad
Cheese & Biscuits
Fresh Fruit Choice
Choice of Yoghurt

Carrot Cake
Cheese & Biscuits
Fresh Fruit Choice
Choice of Yoghurt

Orange Sorbet
Cheese & Biscuits
Fresh Fruit Choice
Choice of Yoghurt